

Stephanie Ureña Salas, Ph.D., MPH
Curriculum Vitae

CONTACT

University of Maryland | School of Public Policy
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ACADEMIC POSITIONS

- 2021-present Postdoctoral Associate, Health Policy Initiative, School of Public Policy, University of Maryland
• Faculty Affiliate, Maryland Population Research Center (MPRC)
- 2020-present Research Scientist, Carolina Center on Alzheimer's Disease & Minority Research
- 2019-2020 Postdoctoral Research Fellow, Arnold School of Public Health, University of South Carolina
• Affiliate, Office for the Study of Aging
• Affiliate, Carolina Consortium on Health, Inequalities, and Populations

EDUCATION

- 2019 Ph.D., Sociology, Florida State University
2015 M.S., Sociology, Florida State University
2012 M.P.H., Public Health, Florida State University
2010 B.S., Biology, Florida State University

RESEARCH INTERESTS

Population Health, Aging, Health Disparities, Life Course, Quantitative Methods

GRANTS & FELLOWSHIPS

- 2020-2021 The Impacts of Military Service on Cognitive Function and Racial Disparities (PI), \$30,000
Carolina Center on Alzheimer's Disease & Minority Research
- 2018-2019 The Disablement Process of Aging United States Veterans (PI), \$77,245
NIH/NIA Aging Research Dissertation Award (R36), Grant No. 1R36AG060214
Grant #: 1R36AG060214
- 2017-2018 Mildred & Claude Pepper Dissertation Fellowship, Pepper Institute on Aging & Public Policy, \$25,000

PEER-REVIEWED PUBLICATIONS

- 2021 Byers, M.D., Resciniti, N., Ureña, S., Leith, K., Brown, M., Lampe, N.M., & Friedman, D.B. (2021). An evaluation of Dementia Dialogues®: A program for informal and formal caregivers in North and South Carolina. *Journal of Applied Gerontology*. <https://doi.org/10.1177/0733464820986671>
- 2021 Ureña, S., Ingram, L. A., Leith, K., Lohman, M. C., Resciniti, N., Rubin, L., Miller, M. C., & Friedman, D. B. (2021). Mentorship and Training to Increase Diversity of Researchers and Practitioners in the Field of Aging and Alzheimer's Disease: A Scoping Review of Program Characteristics. *Journal of Aging and Health*, 33(1–2), 48–62. <https://doi.org/10.1177/0898264320953345>
- 2020 Ureña, S., Taylor, M. G., & Carr, D. C. (2020). The Impact of Military Service Exposures and Psychological Resilience on the Mental Health Trajectories of Older Male Veterans. *Journal of Aging & Health*. [In press]
- 2018 Taylor, M. G., Ureña, S., Carr, D. C., & Min, S. (2018). Early-life Military Exposures and Functional Impairment Trajectories among Older Male Veterans: The Buffering Effect of Psychological Resilience. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*. doi.org/10.1093/geronb/gby029
- 2017 Carr, D. C., Ureña, S., & Taylor, M. G. (2017). Adjustment to Widowhood and Loneliness among Older Men: The Influence of Military Service. *The Gerontologist*. doi: 10.1093/geront/gnx110. [Editor's choice]

- 2017 Ureña, S., Taylor, M. G., & Kail, B. L. (2017). The Impacts of Service Related Exposures on Trajectories of Mental Health among Aging Veterans. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*. doi:10.1093/geronb/gbw149
- 2016 Taylor, M. G., Ureña, S., & Kail, B. L. (2016). Service-Related Exposures and Physical Health Trajectories Among Aging Veteran Men. *The Gerontologist*, 56(1), 92-103. doi: 10.1093/geront/gnv662
- 2016 Taylor, M. G., Lynch, S. M., & Ureña, S. (2016). Race Differences in ADL Disability Decline 1984-2004: Evidence from the National Long-Term Care Survey. *Journal of Aging and Health*, 1-23. doi:10.1177/0898264316673178

HONORS & AWARDS

- 2020 Elected Council Member, Section on Aging & the Life Course, American Sociological Assoc.
- 2017-2019 Elected Council Student Member, Section on Aging & the Life Course, American Sociological Assoc.
- 2017-2018 Scholar Award, Philanthropic Educational Organization (Chapter CL, Tallahassee, FL)
- 2017 Pepper Institute on Aging & Public Policy Conference Travel Grant
- 2017 Osher Lifelong Learning Institute (OLLI) Scholarship
- 2016 Advanced Quantitative Methods Training Award, Sociology, Florida State University
- 2015 Research Travel Award, Alpha Kappa Delta International Sociology Honor Society
- 2014-2015 Leslie N. Wilson-Delores Auzenne Assistantship, Florida State University
- 2014 Excellence in Online Mentoring Award, Honorable Mention, Florida State University
- 2014 Outstanding Teaching Assistant Award, Nominee, Florida State University
- 2014 Jorge Serveriano Presidential Scholarship, Florida State University
- 2014 Florida State University Fellows Society, Inducted
- 2014 Alpha Kappa Delta Honor Society, Inducted
- 2013-2015 Graduate Student Grant, Florida State University
- 2010 Recognition for Cultivating Diversity within Florida State University Student Organizations
- 2009-2010 Elected Co-Director of International Medical Outreach (student org.), Florida State University

INVITED PRESENTATIONS

- 2018 Chronic Conditions and the Disablement Process of Aging U.S. Veterans. Sociology Department, Purdue University, West Lafayette, IN. August 29.

CAMPUS PRESENTATIONS

- 2019 Later Life Health of United States Veterans. Carolina Consortium on Health, Inequalities, & Populations, University of South Carolina. November 1.
- 2018 Chronic Conditions and the Disablement Process of Aging U.S. Veterans. Pepper Institute on Aging & Public Policy, Florida State University. August 24.
- 2017 Aging American Veterans, Mental Health, and Policy Implications. Pepper Institute on Aging & Public Policy, Florida State University. February 16.

CONFERENCES

Sessions Organized

- 2019 Aging in the US: Minorities & Vulnerable Populations. Population Association of America, Austin, TX. April 11-13.
- 2018 Aging Veterans and Long-Term Outcomes of Military Service: A Panel Discussion. Gerontological Association of America, Boston, MA. November 15.

Discussant

- 2017 Socioeconomic Status & Disability in the US. Population Association of America, Chicago, IL. April 28.

Presentations

- 2020 Ureña, Stephanie, Megan Byers, Katherine Leith, & Maggi Millre. "University of South Carolina Office for the Study of Aging: Approaches to Disseminating Information, Education, and Research on Aging". NIH National Research Summit on Care, Services, and Supports for Persons with Dementia and their Caregivers, Bethesda, MA. March 24-25. [*Cancelled, COVID-19*].
- 2018 Ureña, Stephanie. "Chronic Conditions and the Disablement Process of Aging United States Veterans". American Sociological Association, Philadelphia, PA. August 10-14.
- 2017 Ureña, Stephanie, Miles G. Taylor, & Dawn C. Carr. "The Role of Education and Resilience in Mental Health Trajectories of Aging Veterans". The 21st International Association of Gerontology and Geriatrics World Congress of Gerontology and Geriatrics, San Francisco, CA. July 23-27.
- 2017 Ureña, Stephanie. "The Effects of Military Service on the Disablement Process of Aging Veterans". Population Association of America, Chicago, IL. April 27-29.
- 2015 Ureña, Stephanie, Taylor, Miles G., & Ben Lennox Kail. "The Impact of Wartime Service Related Exposures on Trajectories of Mental Health among Aging Male Veterans". Gerontological Society of America, Orlando, FL. November 18-22.
- 2015 Ureña, Stephanie, Miles G. Taylor, & Ben Lennox Kail. "The Impacts of Service Experiences on the Trajectories of Depressive Symptoms and Psychiatric Problems among Veterans in Later Life". Southern Sociological Society, New Orleans, LA. March 25-28.
- 2014 Taylor, Miles G., Stephanie Ureña, & Ben Lennox Kail. "The Impacts of Service Experiences on the Trajectories of Self Rated Health, Functional Limitations, and Activities of Daily Living among Veterans". Gerontological Society of America, Washington D.C. November 5-9.

RESEARCH EXPERIENCE

Co-Consultant

Florida Department of Elder Affairs. "Recalibrating Funding Formulas for Local Area Agencies on Aging (AAA): 2020 and Beyond". (June-February 2019)

I compiled data for the simulation of new funding formulas for elder services in all counties of Florida and assisted in the projection of future needs.

Research Assistant

Miles G. Taylor (August 2013-May 2017)

Dawn C. Carr (January-August 2017)

Kathryn Tillman (August-December 2015)

Jill Quadagno (May-August 2015)

Research Lab & Project Manager

Dr. Heather Flynn/Florida State University College of Medicine (February 2012-July 2013)

I collected and managed data for a research project on perinatal depression. My other duties involved training and coordinating a team of undergraduates within the Florida State University College of Medicine to collect perinatal depression data in Tallahassee, Florida community clinics.

Public Health Research Intern

Dr. Gail Bellamy/Florida State University College of Medicine (January-December 2011)

I created surveys, conducted interviews in Spanish & English, and analyzed data on the health literacy of Hispanic migrant farmworkers in Quincy, Florida.

TEACHING EXPERIENCE

Independent Instructor, Undergraduate Course

Sociology of Death & Dying (Summer 2018, online)

Teaching Assistant, Graduate Course

Advanced Quantitative Methods (Fall 2015)

Teaching Assistant, Undergraduate Course

Sociology of Death & Dying (Fall 2016)
Social Statistics (Summer 2014, Summer 2016)
Aging & the Life Course (Spring 2014, Spring 2016)
Sociology of Mass Media (Spring 2014)
Population & Society (Fall 2013)

ADDITIONAL TRAINING

2019 *Dementia Dialogues*® Train-the Trainer Program
2018 Stress and Resilience Concepts and Measures for Minority Aging Research, NIA/Resource Centers on Minority Aging Research (RCMAR) Workshop on Promoting Innovative Research in Minority Aging, Boston, MA, November 14
2018 Bootstrapping, MPI Research on Collective Goods, Bonn, Germany, January 29
2017 Data Visualization, MPI Research on Collective Goods, Bonn, Germany, December 4
2017 Matrix Approaches to Health Demography, MPI Demography, Rostock, Germany, March 13-24
2016 Propensity Score Analysis, Temple University, Philadelphia, PA, April 1-2

SERVICE TO PROFESSION

2020-2023 Council Member (*elected*), Section: Aging & the Life Course, American Sociological Assoc.
2019-present Listserv Manager, Section: Sociology of Population, American Sociological Assoc.
2017-present Newsletter Co-Editor, Section: Aging & the Life Course, American Sociological Assoc.
2017-2019 Council Student Member (*elected*), Section: Aging & the Life Course, American Sociological Assoc.
2017 Session Monitor, 21st International Geriatrics and Gerontology World Conference, July 22-24
2015 Session Monitor, Gerontological Society of America Annual Meeting, November 18-22

SERVICE TO UNIVERSITY

Florida State University

2015-2016 Department Meeting Student Representative | Awards Committee (Sociology Dept.)
2014-2015 Colloquia Committee | Undergraduate Program Committee (Sociology Dept.)

PEER REVIEWER

Journal of Gerontology: Medical Sciences (JGMS), Journal of Gerontology: Social Sciences (JGSS), Journal of Aging & Health, Journal of Health & Social Behavior, Innovation in Aging

PROFESSIONAL MEMBERSHIPS

American Sociological Association, Gerontological Association of America, Population Association of America, Interdisciplinary Association for Population Health

SOFTWARE

Stata, Mplus

LANGUAGES

English (Native Speaker)
Spanish (Native Speaker)